



INITIAL QUESTIONS

- Do you think you take good care of your health? Why / why not?
- What motivates you to take up sport?
- In your opinion, is doing sport more about health or appearance?
- Do you prefer working out at the gym or going for a run? Why?
- Do you enjoy PE lessons at school? Why / why not?



TASK 2

Describe the picture and then answer the examiner's questions.

- Why do you think the people in the picture feel such strong emotions?
- Do you prefer watching matches on TV or at the stadium? Why?
- Tell me about a situation when you took part in a sporting event.

- In your opinion, is physical activity a good way to reduce stress? Why?
- Would you rather exercise indoors or outdoors? Why?
- It is said that sport improves your mood – do you personally feel that?
- Some people believe young people prefer screens to physical activity – is that true in your opinion?

TASK 1

You don't want to take part in PE lessons. You are talking to your teacher. In the conversation discuss:

your reasons

how long the situation will last

what you will do instead

how will you make up for your absence

TASK 3

Look at Photo 1, Photo 2 and Photo 3.

You want to relax after a stressful week at school. Choose the best option and:

- explain why you chose it
- explain why you rejected the other two options



Answer the questions